

# SABER NEWS & NOTES

Friday, October 8, 2021

**Dear MCC Families,**

The month of October each year is dedicated to the Rosary. The Feast of Our Lady of the Rosary was introduced by Pope St. Pius V in the year 1571 to commemorate the miraculous victory of the Christian forces in the Battle of Lepanto on October 7, 1571. This attributed more to the “arms” of the Rosary than to the power of cannons and the valor of the soldiers who fought there. After the feast day was established, the entire month of October was dedicated to the Rosary in 1884 by Pope Leo XIII in his encyclical *Superiore Anno*.

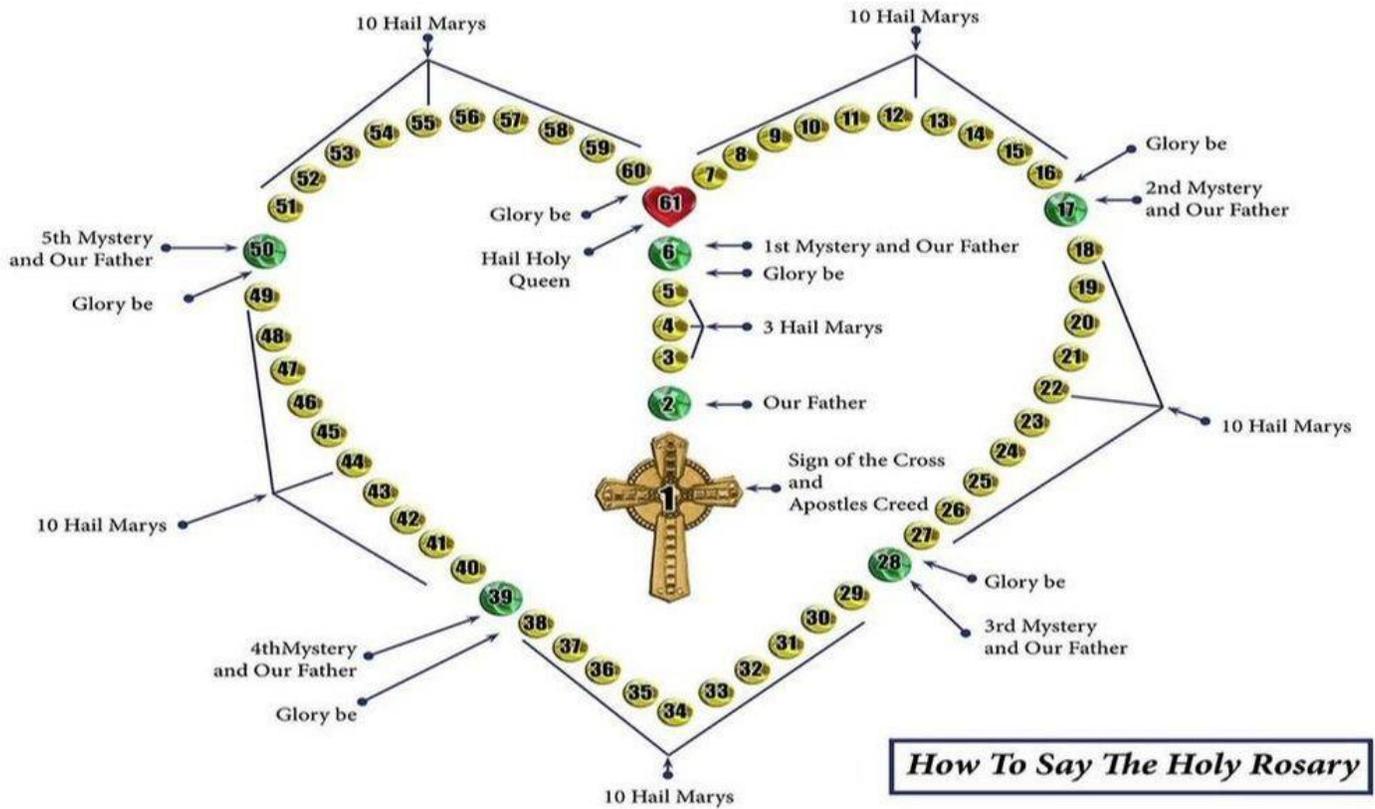
The Rosary was first given to St. Dominic by the Virgin Mary during an apparition in 1214 in Prouilhe of southern France. Mary presented it as a source of strength to aid him in conflicts. The image of Our Lady of the Rosary reflects this apparition, with Mary holding the child Jesus in one hand and the other hand extending to give the Rosary beads to St. Dominic. Pope Benedict explained the meaning behind the image in a 2007 homily sharing, “This important iconography shows that the Rosary is a means given by the Virgin to contemplate Jesus and, in meditating on his life, to love him and follow him ever more faithfully. It is this message that Our Lady has also bequeathed to us in her various apparitions.”

By tradition, the Catholic Church dedicates each month of the year to certain devotions. The month of October is dedicated to the Holy Rosary, one of the best known of all Catholic devotions. October also includes the Feast of Our Lady of the Rosary, October 7, which our students celebrated at Mass this week.

This month our students will be learning more about the Rosary, the mysteries of the Rosary and how to pray the Rosary. This prayer can be prayed by all, so I encourage all of our families in praying this beautiful prayer that meditates on the journey Christ walked for us. Our students will be praying the Rosary daily in class and at Mass throughout the month, in addition to learning more about Mary, the Mother of Jesus.

**Blessings,**

**Mrs. Grinn, Principal**



**October 4-8, Virtue of the Week was HOPE**

John 4: 13-14 “Jesus answered and said to her, “Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.”



HOPE

**CHALLENGE**

Honor our Blessed Mother by carrying a rosary in your pocket, bag or purse. This will remind you to pray often.

The month of October is dedicated to The Holy Rosary.

The rosary is one of the most powerful weapons the Church possesses. We are constantly exhorted by saints, popes, and Our Lord and Our Lady themselves to pray this simple yet profound prayer. Accordingly, Mother Church has set aside a whole month to the promotion of this prayer.

## 2020-2021 Yearbooks are here!

Most students have picked up their yearbooks, but we ordered a few extras for those people who forgot or weren't able to order last year. Please see Mrs. McComb in room 112 to purchase one. Last year's yearbooks are \$47.70. Please make all checks payable to Manistee Catholic Central and put "yearbook" in the memo line.

We are currently taking orders for the current year's yearbook (2021-2022). Prices are currently at \$42 plus tax but will be rising to \$44 on October 9th. Make sure you order yours today at [www.jostens.com](http://www.jostens.com) and follow the yearbook prompts.

Because Manistee Catholic Central publishes a yearbook that contains the entire school year, the previous year's yearbook doesn't arrive at the school until September/October of the following school year. (Ex: the 20-21 yearbook just arrived a few weeks ago).



**VIRTUE=STRENGTH.**

**HOPE**

**DEFINITION**

The virtue of hope is a gift from God, placed or infused in our souls at Baptism, that gives us the strength to firmly trust that God will give us the endless happiness of Heaven and the means to obtain it, if we do what He requires of us.

## Classroom Stools

Low metal or wooden stools are needed for students to sit on for their elementary specials: Art and Music. Stools need to be strong and sturdy with smooth surfaces. Thank you!

## Help Needed in the Early Childhood Program

MCC is searching for an experienced and qualified Lead Teacher and Aide for our Early Childhood Program. Please contact Mrs. Grinn ([cgrinn@sabers.org](mailto:cgrinn@sabers.org)) if you are interested. Apply here: <https://dioceseofgaylord.org/job-opportunities>



**VIRTUE=STRENGTH.**

**HOPE**

**HOW TO STRENGTHEN**

**And how do we grow this gift of HOPE?**

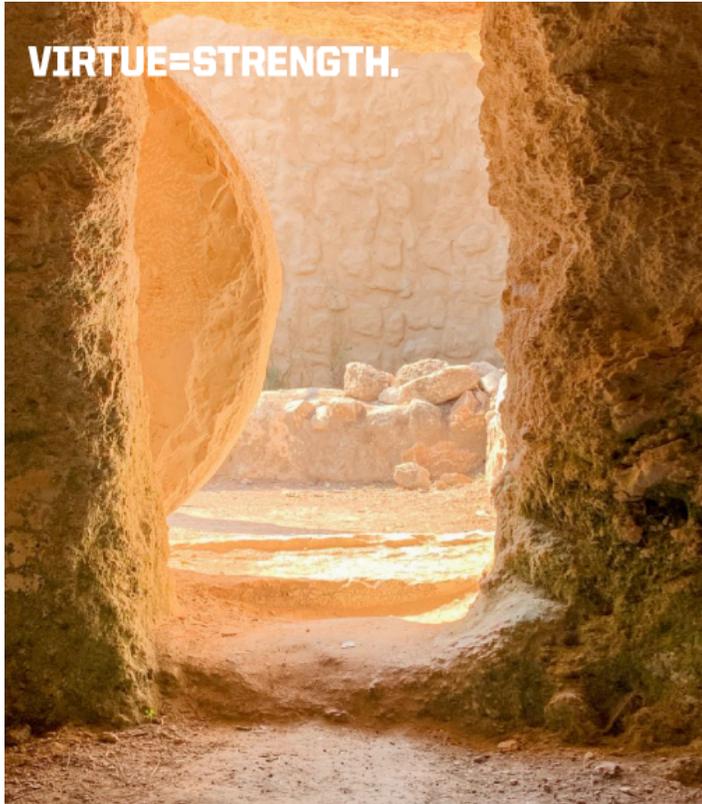
Prayer

The Sacraments, especially going to confession as often as needed.

Study the lives of the Saints because they are the best role models.

## Be the Influence - Youth Peer Support Program

Northern Michigan Disability Network has partnered with the Armory Youth Project to provide a peer advocacy / disability awareness program beginning 10/7, 4:00-5:00 at the Armory for 6-12th grade. The purpose is to guide students in learning how to advocate for their needs and the needs of others in the community to break down barriers / stigma attached to having a disability. The link for students to register can be found at <https://ayp.breezechms.com/form/Betheinfluence>



HOPE

### OUR PURPOSE

God created us to know Him, to love Him, and to serve Him in this world, and to be happy with Him forever in HEAVEN in the next.

The virtue of HOPE is a necessary strength which will help us achieve that goal.

## Flashing Saber Virtual 5k

Join us for the annual homecoming fundraiser! This year, we will have an informal group meet at Saber Stadium on Monday, Oct. 25th at 5:30pm to run/walk 3.1 miles together. If you can't do the in-person run/walk you are able to cover the distance on your own (virtual) any time between Sunday, Oct. 24th and Sunday, Oct. 31st. The cost is \$25 (\$10 for students) and you will receive a custom finisher's medal with a line from the school song, Flashing Sabers. Sign up forms are in the school office or print one out online at [www.sabers.org/alumni](http://www.sabers.org/alumni) All proceeds from this event will benefit the MCC Alumni Association scholarship fund.

## Prayer

OUR LOVING FATHER, relying on Thy almighty power and infinite mercy and promises, we HOPE to obtain pardon of our sins, the help of Thy grace, and Life Everlasting, through the merits of Jesus Christ, our Lord and Redeemer. Thank you, Lord, for this day, this week, this opportunity, this time together. Strengthen our wills and forge our resolve to be HOPEFUL as we seek to grow in virtue.

**\*Tear off this page for a handy calendar!\***

## Divine Mercy Parish Calendar

Please check the Divine Mercy Parish Calendar often to see important scheduled events.

<http://www.calendarwiz.com/calendars/calendar.php?crd=catholiccommunityofmanistee>

## Important Upcoming Events and Reminders

10/9 V Football Away vs. Caseville 2:00pm - 4:00pm

10/11 West Shore Community College Visit - Virtual 10:45am - 11:25am

10/11 College Night (@ WSCC Rec. Center) hosting more than 30 colleges and military branches, pre-registration is preferred but walk-ins welcome!

<https://docs.google.com/forms/d/e/1FAIpQLScs1hsDLCKIswUsJfCI5WPKkK8wGJAIEQXJQcLbCZtx9HB9iQ/viewform> 6:00pm - 7:30pm

10/12 Picture Retakes 10:00am - 2:00pm

10/12 Aquinas Visit - Virtual 10:45am - 11:25am

10/12 Tutoring 3:00pm - 4:00pm

10/12 JV/V Volleyball Home vs. MCE 6:00pm - 7:30pm

10/12 MS Football vs Mesick away 6:00pm - 8:00pm

10/13 PSAT 8/9, PSAT NMSQT, SAT (Grades 8-12)

10/14 Tutoring 3:00pm - 4:00pm

10/14 JV/V Volleyball away Vs. GTA 5:30pm - 8:00pm

10/15 Ferris State University Visit - Virtual 10:45am - 11:25am

10/16 Varsity WMD Volleyball League Tourn. Away vs. Mesick 9:00am - 3:00pm

10/16 V Football Home vs. Brethren 7:00pm - 9:00pm

## Saber Cafe - Hot Lunch Menu

|   |   |   |   |  |
|---|---|---|---|--|
| Nacho<br>refried beans<br>topping bar <b>11</b>                 | Roasted chicken<br>rice pilaf<br>carrots and parsnips <b>12</b> | Tatter tot breakfast<br>casserole<br>coffee cake<br>spinach salad <b>13</b> | Grilled cheese<br>tomato soup<br>side salad <b>14</b>         | Pepperoni pizza<br>herb dip <b>15</b>    |
| Baked potato bar<br>broccoli<br>muffin <b>18</b>                | Chicken and noodles<br>roll<br>acorn squash <b>19</b>           | Bbq chicken<br>baked beans<br>pretzel <b>20</b>                             | Cheese burger on<br>a bun<br>coleslaw<br>oven fries <b>21</b> | Meat lovers pizza<br>ranch dip <b>22</b> |
| Bacon egg and<br>cheese biscuit<br>sweet potato fries <b>25</b> | Mini Mexican<br>Pizza<br>salsa <b>26</b>                        | Chicken Pot Pie<br>cauliflower <b>27</b>                                    | Turkey or salami<br>sub<br>chips<br>potato salad <b>28</b>    | ½ day no lunch <b>29</b>                 |

Alternates: #1 PB&J #2 Chicken caesar salad daily fresh fruit and veggie bar Milk from Cream Cup Dairy skim daily and Chocolate on Tuesday and Friday  
Prices K-5 \$3.00, 6-12 #3.25 ala cart soup \$1.00 ( included with high school only) extra \$2.50 Milk \$.50 Fruit \$.50 Staff and guest \$4.25



# Armory Youth Project Calendar of Events

**OCTOBER 2021 - Study Room Open Monday through Friday 3 pm to 6 pm - Programs and times subject to change!**

| Meaningful Mondays  | Team Building Tuesday  | Winning Wednesday  | Thankful Thursday  | Fun Friday  | Super Saturday   |
|---|--|--|--|---|--|
| <b>4</b><br><b>7:30 am - 8:20 am MAPS Late Start Monday Mojo</b><br>3:30 - 5 pm Empower!<br>6 - 7 pm Jazzercise<br>7:15 pm - 8 pm MMHS MS Ball                                    | <b>5</b><br>3:30 - 5 pm Music with Joe<br>3:30 - 6 pm Open Gym for Basketball<br>FIT Fusion                                    | <b>6</b><br>3:30 - 5 pm Disc Golf<br>3:30 - 5 pm Junior Achievement<br><b>3:30 - 5 pm Safe Sitter 2 of 4</b><br>6 - 7 pm Jazzercise                                    | <b>7</b><br><b>4 - 5 pm Be the Influence</b><br>3:30 - 6 pm Open Gym for Basketball  | <b>8</b><br>3:30 - 5 pm Archery Tag<br>3:30 - 5 pm Cooking Matters              | <b>9</b>   |
| <b>11</b><br><b>7:30 am - 8:20 am MAPS Late Start Monday Mojo</b><br><b>3:30 - 5 pm Driver's Ed</b><br>6 - 7 pm Jazzercise<br>7:15 pm - 8 pm MMHS MS Ball                         | <b>12</b><br>3:30 - 5 pm Music with Joe<br><b>3:30 - 5 pm Driver's Ed</b><br>3:30 - 6 pm Open Gym for Basketball<br>Fit Fusion | <b>13</b><br>3:30 - 5 pm Disc Golf<br>3:30 - 5 pm Junior Achievement<br><b>3:30 - 5 pm Driver's Ed</b><br><b>3:30 - 5 pm Safe Sitter 3 of 4</b><br>6 - 7 pm Jazzercise | <b>14</b><br>3:30 - 6 pm Open Gym for Basketball<br><b>3:30 - 5 pm Driver's Ed</b><br><b>7 - 8 pm BBall Clinic Orientation</b> | <b>15</b><br>3:30 - 5 pm Archery Tag<br>3:30 - 5 pm Cooking Matters             | <b>16</b><br><b>Basketball Clinic</b><br>9 am - 10 am 3rd and 4th Grades<br>10 am - 11 am 5th and 6th Grades |
| <b>18</b><br><b>7:30 am - 8:20 am MAPS Late Start Monday Mojo</b><br><b>3:30 - 5 pm Driver's Ed</b><br>3:30 - 5 pm Empower!<br>6 - 7 pm Jazzercise<br>7:15 pm - 8 pm MMHS MS Ball | <b>19</b><br>3:30 - 5 pm Music with Joe<br><b>3:30 - 5 pm Driver's Ed</b><br>3:30 - 6 pm Open Gym for Basketball<br>Fit Fusion | <b>20</b><br>3:30 - 5 pm Disc Golf<br>3:30 - 5 pm Junior Achievement<br><b>3:30 - 5 pm Driver's Ed</b><br><b>3:30 - 5 pm Safe Sitter 4 of 4</b><br>6 - 7 pm Jazzercise | <b>21</b><br><b>4 - 5 pm Be the Influence</b><br><b>3:30 - 5 pm Driver's Ed</b><br>3:30 - 6 pm Open Gym for Basketball         | <b>22</b><br>3:30 - 5 pm Archery Tag<br>3:30 - 5 pm Cooking Matters - Last one! | <b>23</b><br><b>Basketball Clinic</b><br>9 am - 10 am 3rd and 4th Grades<br>10 am - 11 am 5th and 6th Grades |
| <b>25</b><br><b>7:30 am - 8:20 am MAPS Late Start Monday Mojo</b><br>3:30 - 5 pm Empower!<br>6 - 7 pm Jazzercise<br>7:15 pm - 8 pm MMHS MS Ball                                   | <b>26</b><br>3:30 - 5 pm Music with Joe<br>3:30 - 6 pm Open Gym for Basketball<br>Fit Fusion                                   | <b>27</b><br>3:30 - 5 pm Disc Golf<br>3:30 - 5 pm Junior Achievement<br>6 - 7 pm Jazzercise  | <b>28</b><br>3:30 - 6 pm Open Gym for Basketball   | <b>29</b><br>3:30 - 5 pm Archery Tag<br><b>6 pm - 9 pm - Halloween DANCE</b>    | <b>30</b><br><b>Basketball Clinic</b><br>9 am - 10 am 3rd and 4th Grades<br>10 am - 11 am 5th and 6th Grades |

## Description of Programs:

All programs are for students in grades 6-12. Advance registration required - sign up on our website at [www.armoryyouthproject.com/students](http://www.armoryyouthproject.com/students).

**HumanKind Virtual Tutoring** - AYP has partnered with HumanKind Michigan to provide one on one online tutoring with U of M students, done anywhere as arranged by student and tutor.

**Study Room/Quiet Room** - Wifi, Chrome books available, and a quiet place to study. Tutoring is available upon request.

**EMPOWER** - Open to youth Grades 6-8. Strengthen your body and mind. Empower will focus on your complete health with fitness, food, and connection.

**Crafting for a Cause** - Learn the basics of a craft and how to generate income for yourself and other organizations. Various crafts and techniques.

**CookingClass** - Make and take a different recipe each week with students and special guest chefs. We will utilize existing pantry items, donated food, and potentially our own food we grow! Recipes provided and occasionally Make and Take - so you can bring it all home to show off your skills!

**Sport Clinics** - Multiple sport clinics offered by area coaches for skills and drills and general understanding of a specific sport.

**Self Defense/Martial Arts** - A four week program to learn the basics of self defense. Progressive learning and techniques using martial arts, offered by Ticconi's ATA Martial Arts

**Tik Tok Tuesdays** - Learn some new moves and make a Tik Tok video to promote the Armory Youth Project! Student led program, posting to the Armory's Tik Tok page.

**Spirit of the Woods Garden Club** - Grow food, flowers, and herbs. Create food and safe havens for birds, bees, and butterflies. Learn how to compost and earn your green thumb!

**Junior Achievement** - various programs and curriculums (some included with existing programs like Crafting) to help students learn how to get a job or start a business, manage money, and help their community grow and prosper.

**Moms in Motion** - AYP Certified Safe Sitter students babysit babies and toddlers while the Moms in Motion parents do an exercise class. Gain some experience babysitting and have a great time!