

SABER NEWS & NOTES

Friday, December 3, 2021

Dear MCC Families,

Advent Season is a very special time of year that sometimes gets lost in the bright lights of the Christmas season it precedes. The first day of Advent is the first day of a new Liturgical (or church) calendar and begins a four week period of preparation in anticipation of the nativity of Jesus at Christmas.

The Advent Season is all about reflecting on how we can prepare our hearts and homes for Christ's birth in the world as it is today. It is a time for faith communities and families to remember, through prayer, reflections, and good deeds what the true meaning of Jesus' birth is.

As we walk our Advent journey, join us in weekly advent prayers during the next few weeks. May God bless our MCC families during this special, holy season.

**Blessings,
Mrs. Grinn, Principal**

First Week of Advent

"Jesus said to his disciples: 'Be constantly on the watch! Stay awake!...You do not know when the Master of the house is coming.'" *Mark 13:33*

O Jesus, your voice sounds through the house of my world: Be on your guard! Stay awake!

Yet I hardly hear you. Busy with so much, I go about the things I do like a servant trapped in household routine, hardly giving a thought to what my life is about. My spirit within has grown tired and you, my God, seem far away. How can I hear your voice today?

Speak to my heart during this season of grace, as you spoke to your prophets and saints. Remind me again of the journey you call me to make and the work you would have me do. I am your servant, O Lord. Speak to me in this holy season and turn my eyes to watch for your coming.

O Emmanuel, Jesus Christ,
desire of every nation, Savior of all peoples,
come and dwell among us.



Advent: Week 1

Our students are preparing for the coming of Christ in many different ways. This week we had our first Advent Candle lighting celebrations. Students in grades K-5 participate in a morning Advent service together each day that includes a reading, song, and scripture. Middle and high school students are also celebrating advent at their morning chapel by singing, praying, receiving the Gospel, and contemplating the Lord's coming. Teachers are also discussing and teaching about Advent in the classroom. Our art and music programs are also centering around the preparation for Christ.



Sleighbell Parade

We will be in the Sleighbell Parade on Saturday, December 4. High school students "playing a part" can get their costume from Mrs. McComb on Friday, December 3 at school. Elementary and middle school students are welcomed to join dressed as angels or shepherds. We will meet on Lake St. at 5:15 for line up (please see map, MCC is #26). The parade starts at 5:30pm. If you are wearing a school provided costume, please return it at the end to Mrs. Henderson or bring it to school on Monday, December 6.



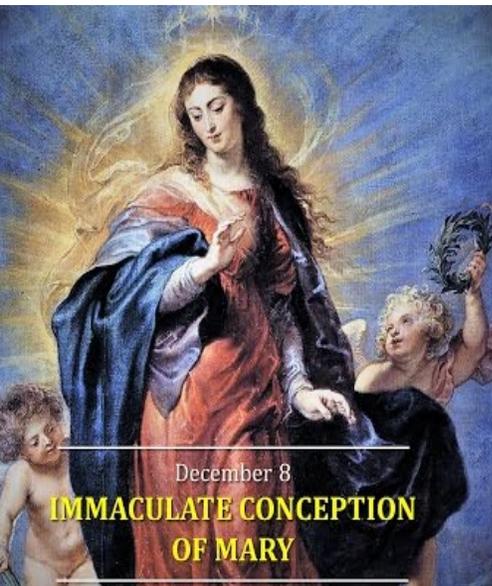
November 29 - December 3, Virtue of the Week was HUMILITY

Matthew 23: 11-12 "He that is the greatest among you shall be your servant. And whosoever shall exalt himself shall be humbled: and he that shall humble himself shall be exalted."

, Luke 18: 9-14 "He then addressed this parable to those who were convinced of their own righteousness and despised everyone else. "Two people went up to the temple area to pray; one was a Pharisee and the other was a tax collector. The Pharisee took up his position and spoke this prayer to himself, 'O God, I thank you that I am not like the rest of humanity—greedy, dishonest, adulterous—or even like this tax collector. I fast twice a week, and I pay tithes on my whole income.' But the tax collector stood off at a distance and would not even raise his eyes to heaven but beat his breast and prayed, 'O God, be merciful to me a sinner.' I tell you, the latter went home justified, not the former; for everyone who exalts himself will be humbled, and the one who humbles himself will be exalted."

Image of Our Lady of Guadalupe

The image of Our Lady of Guadalupe will be on display in the school chapel next week. Mrs. Grinn will be talking to each class about the image to explain its history and significance. If parents would like to see the image and spend time in the chapel they are welcome to do so after regular school hours.



Feast of the Immaculate Conception

We are honored to welcome The Most Reverend Bishop Hurley to Manistee Catholic Central on Wednesday, December 8, 2021 for our all school Mass. Please join us for this 10:30 AM Mass on the Feast of the Immaculate Conception in the school gym.

MONTHLY NOVENA - The Immaculate Conception of Mary

DECEMBER 8-16

The Church dedicates the month of December to the Immaculate Conception. The Immaculate Conception of Mary is a profound mystery. In the Immaculate Conception, Mary was without sin from the first moment of her conception. She is perfectly united forever to her spouse, the Holy Spirit. Their

fruitful union produced a wedding of heaven and earth in the Son of God, Jesus Christ. We will meditate on these truths for all eternity.

Prayer

Let us begin, In the name of the Father, and of the Son, and of the Holy Spirit. Amen. O most Holy Virgin, who was pleasing to the Lord and became His mother, immaculate in body and spirit, in faith and in love, look kindly on me as I implore your powerful intercession. O most Holy Mother, who by your blessed Immaculate Conception, from the first moment of your conception did crush the head of the enemy, receive our prayers as we implore you to present at the throne of God the favor we now request..

(Mention your request here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will. Amen.

The Sweet Treat Raffle For Varsity Home Games Is Back!

Please see the schedule with the calendar in this week's SNN for this year's sweet treat raffle. The sports team listed in the "Team Bringing Sweet Treats" column is encouraged to bring a pre-packaged sweet treat, cake, pie, cookies, candy (all sweets encouraged) on the date listed on the schedule. Treats may be dropped off at the school office before 3 p.m. or brought to the gate the night of the game. Sweet treat raffle tickets will be sold at the game entry gate for \$1.00 a ticket. Raffle tickets will be drawn and announced at half time of the varsity game. Winners will take home the sweet treat of their choice from the cart. Thank you for your continued support of our sport programs and student athletes!

Prayer

Lord, You HUMBLED Yourself by becoming a man. You did this because You put us before Yourself, even though You are Infinite and Eternal. Thank You for Your Love, Lord. Give us the strength to be HUMBLE and to imitate Your example by putting You and others before ourselves.

LITANY OF HUMILITY

O Jesus! meek and humble of heart,
Hear me. From the desire of being
esteemed, **Response: Deliver me,
Jesus.**

From the desire of being loved...
From the desire of being extolled ...
From the desire of being honored ...
From the desire of being praised ...
From the desire of being preferred to
others...

From the desire of being consulted ...
From the desire of being approved ...
From the fear of being humiliated ...
From the fear of being despised...
From the fear of suffering rebukes ...
From the fear of being calumniated ...
From the fear of being forgotten ...
From the fear of being ridiculed ...
From the fear of being wronged ...
From the fear of being suspected ...

That others may be loved more than I,

Response: Jesus, grant me the grace to desire it.

That others may be esteemed more than I ...

That, in the opinion of the world, others may increase and I may decrease ...

That others may be chosen and I set aside ...

That others may be praised and I unnoticed ...

That others may be preferred to me in everything...

That others may become holier than I, provided that I may become as holy as I should...

Mother Teresa Humility List

- 1) Speak as little as possible about yourself.
- 2) Keep busy with your own affairs, not those of others.
- 3) Avoid curiosity.
- 4) Do not interfere in the affairs of others.
- 5) Accept small irritations with good humor.
- 6) Do not dwell on the faults of others.
- 7) Accept censures even if unmerited.
- 8) Give in to the will of others.
- 9) Accept insults and injuries.
- 10) Accept contempt, being forgotten and disregarded.
- 11) Be courteous and delicate even when provoked.
- 12) Do not seek to be admired or loved.
- 13) Do not protect yourself behind your own dignity.
- 14) Give in, in discussions, even when you are right.
- 15) Choose always the more difficult task.

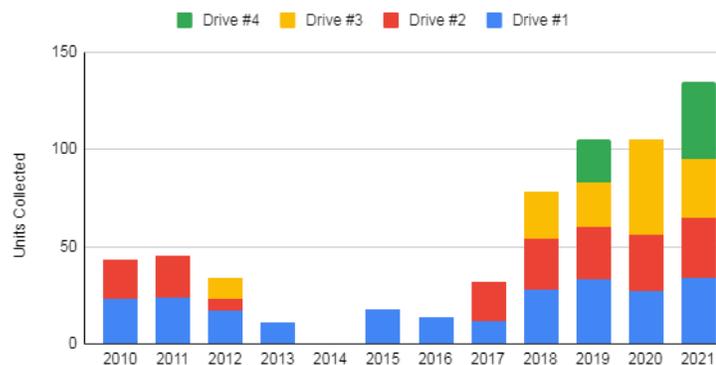


Blood Drive - Update

The NHS blood drive Monday was a huge success! Thank you to everyone who came out to donate. It was our 2nd largest blood drive ever with 40 units collected. We exceeded our goal and have a new record of 135 units collected in 2021! The next blood drive is Monday January 31, 2022. If we fill our schedule early enough, they will send more workers to get even more appointment slots. Please consider signing up ASAP: contact Mrs. Henderson or click

https://donate.michigan.versiti.org/donor/schedules/drive_schedule/138187

MCCS Blood Drive Totals 2010-2021



Divine Mercy Parish Calendar

Please check the Divine Mercy Parish Calendar often to see important scheduled events.

<http://www.calendarwiz.com/calendars/calendar.php?crd=catholiccommunityofmanistee>

Important Upcoming Events and Reminders

12/3 JV/V Girls Basketball Away vs Brethren 6:00pm - 9:00pm

12/4 MS Boys Basketball HOME vs. Marion 9:00am - 11:00am

12/4 JV Girls Basketball Home vs. Onekama 12:30pm - 2:00pm

12/4 Varsity Girls Basketball Home vs. KHCP 2:00pm - 3:30pm

12/5 Second Sunday of Advent

12/5 Volleyball Potluck dinner MCC

Cafeteria 6:00pm - 7:00pm

12/6 Last chance to donate to Toys for

Tots and Gifts for Teens

12/6 MS Boys Basketball AWAY vs. MCE

6:00pm - 8:00pm

12/7 Tutoring 3:00-4:00pm

12/7 JV/V Boys Basketball AWAY vs.

Onekama 5:30pm - 8:30pm

12/8 Feast of the Immaculate Conception

Mass 10:30am - MCC Gym, please join us!

12/8 MS Boys Basketball Conference

Tournament TBD 4:00pm - 5:30pm

12/8 JV Girls Basketball HOME vs. TCSF

6:00pm - 7:30pm

12/8 Varsity Girls Basketball home vs.

BRCA 7:30pm - 9:30pm

12/9 Santa Shop

12/9 Food Pantry - Junior Class

8:30-10:00am

12/9 Tutoring 3:00-4:00pm

12/9 JV/V Boys Basketball Away vs. Brethren 6:00pm - 9:00pm

12/10 Santa Shop

12/10 Food Pantry - Junior Class 8:00-10:45am

12/10 10th grade CTE Tour 11:55am - 2:35pm

12/10 JV/V Girls Basketball Away vs. Baldwin 6:00pm - 9:00pm

12/11 MS Boys Basketball Conference Tournament Semi & final TBD 10:00am - 12:00pm

12/12 Third Sunday of Advent

Date	Home Game & Time	Team Bringing Sweet Treats
12/8/2021	GIRLS (Big Rapids Crossroads) 7:30 p.m.	Elementary Girls Basketball
12/14/2021	BOYS (Big Rapids Crossroads) 7:30 p.m.	Boys Varsity Basketball
12/15/2021	GIRLS (Mesick) 7:30 p.m.	Varsity Girls Softball
1/5/2022	GIRLS (Bear Lake) 7:30 p.m.	Middle School Boys Basketball
1/6/2022	BOYS (Mesick) 7:30 p.m.	Middle School Girls Basketball
1/13/2022	BOYS (Bear Lake) 7:30 p.m.	Elementary Boys Basketball
1/14/2022	GIRLS (Mason County Eastern) 7:30 p.m.	Girls/Boys Cross Country
1/21/2022	GIRLS (Brethren) 7:30 p.m.	Girls JV Basketball
1/26/2021	BOYS (Walkerville) 7:30 p.m.	Girls Varsity Basketball
1/31/2022	BOYS (Lake Leelanau St. Mary) 7:00 p.m.	Boys JV Basketball
2/1/2022	GIRLS (Hesperia) 7:30 p.m.	Boys/Girls MS Track
2/2/2022	BOYS (Brethren) 7:30 p.m.	Boys Varsity Football
2/8/2022	GIRLS (Marion) 7:30 p.m.	Girls JV Volleyball
2/9/2022	BOYS (Baldwin) 7:30 p.m.	Girls Varsity Football
2/15/2022	GIRLS (Pentwater) 7:30 p.m.	Varsity Boys Baseball
2/16/2022	BOYS (Marion) 7:30 p.m.	Boys/Girls Varsity Track
2/17/2022	GIRLS (Walkerville) 7:30 p.m.	Bowling & Golf & Ski & Soccer
2/23/2022	BOYS (Pentwater) 7:30 p.m.	Middle School Football
3/3/2022	BOYS (Mason County Eastern) 7:30 p.m.	Coaches

*Schedule subject to change pending any game changes.

Monday	Tuesday	Wednesday	Thursday	Friday
		Soft shell ground Beef Taco mexi Rice pinto beans	Hot Turkey sandwich mashed potato peas	Hawaiian pizza ranch dip
Chicken parm sandwich kale chips Italian roasted potato	Hot Dog on a bun mac and cheese broccoli	Nacho refried beans topping bar	Breakfast taco spinach salad	Pepperoni pizza dill dip
Sausage and egg english muffin hashbrown	Chicken sandwich bbq,ranch, caesar sweet potato fries	Chili corn muffin side salad	Sub sandwiches chips potato salad	½ day no lunch

Second Week of Advent

When John the Baptizer made his appearance as a preacher in the desert of Judea, this was his them: Reform your lives. The reign of God is at hand!" *Matthew 3:1*

O Jesus, in an empty desert your prophet John proclaimed: God is here, at your side. God has come to bring about a kingdom where injustice and suffering will be no more, where tears will be wiped away, and where those who turn to God will feast at a banquet.

"Turn now, your God is standing at your side. Reform your lives, God's kingdom is at hand." In an empty desert John said these things.

Give me faith like John's, O Lord, strong enough to believe even in a desert that you and your kingdom are no farther from me than my hand. Make my heart strong like his, not swayed by trials or snared by false pleasures. Give me courage to be faithful until your promises are fulfilled.

O King of all nations, Jesus Christ, only joy of every heart, come and save your people.

mcc advent concert

Cookie Social

Monday, December 13th

Following the Advent Concert

The cookie social is back! We're asking the families of our students to donate a dozen cookies to help in this wonderful tradition of family togetherness and fellowship.

MANISTEE CATHOLIC CENTRAL
PRESENTS

Merry & Bright His Glorious Light

*Preschool - 12th Grade
Choir and Band
Advent/Christmas Concert*

MONDAY DECEMBER 13, 2021

6:30 PM

MCC SCHOOL GYM

Please come and join us for a night of fun, song, worship, and togetherness as we celebrate the birth of our Lord.

Manistee County Family Events- Dec 2021

Green – Great Start Collaborative events & Red – Community events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	At the grocery store, describe the food you put in your cart using words like big, tall, wide, or tiny		Mid-Week Morning Chat, Via Zoom 10 am A Parent Check In	MOPS FCC Manistee 9 am	Play & Learn 9:30 – 11:30 am Youth Armory Manistee Shapes	Sleighbell Weekend! Santa at Manistee Marina 1:00-3:45pm Sleighbell Parade- River St 5:30 pm
5	6	7	8	9	10	11
Sleighbell Weekend manisteesleighbellparade.com For full events			Mid-Week Morning Chat, Via Zoom 10 am A Parent Check In	Check out Miss Angie's virtual Storytime with a take home craft!		
12	13	14	15	16	17	18
	Talk, Read and Sign Story & Craft Time Trinity Lutheran Church Onekama 9:00 am	*Manistee Great Start Parents* Meeting 1:00 pm Zoom	Mid-Week Morning Chat, Via Zoom 10 am A Parent Check In	MOPS FCC Manistee 6:30 PM Light Our Valley PVCC 3:00 pm		
19	20	21	22	23	24	25
	Onekama Mom's Group Trinity Lutheran-Onekama 9:00 -11:00 am		No Weekly Check-In Merry Christmas!			
26	27	28	29	30	31	
Take a walk in your local park and talk about the colors, shapes, and sizes you see around you.		Story and Play PVCC Acarida 11:00 – 12:30pm	Winter Blues Bounce Hour PVCC Acarida 1:00 – 3:00 pm			*Please up for these events- email lcrummey.wmmsgc@gmail.com Snow day cancel in person events!

 <p>Wexford-Missaukee-Manistee Counties f Manistee Great Start Families Contact: lcrummey.wmmsgc@gmail.com</p>	<p>Event locations Trinity Lutheran – 5471 Fairview St, Onekama PVCC – 3586 Glovers Lake Rd Arcadia FCC- 475 8th St Manistee Armory – 555 1st Manistee Heritage Baptist – 655 E. Parkdale Ave. ****All events subject to change due to weather****</p>	<p>Helpful Links/Numbers for Manistee Info on food pantries; ManisteeKitchen.org District Health Dept # 10 – (231) 723-3595 Manistee County WIC – (231) 723-3971 United Way of Manistee – (231) 723-2331 Michigan 2-1-1 Dial 211 or (844) 875-9211</p>
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DECEMBER 2021

MANISTEE GREAT START FAMILIES

GREAT START COLLABORATIVE NEWSLETTER



Talk, Read & Sing everyday!



Have a picky eater? Join us for our December Great Start Parent Meeting on Zoom to talk about it with the Health Dept. Dec 14th at 1 pm via Zoom, email lcrummey.wmmgsc@gmail.com for link.

Having Fun with Shapes!

Research finds that having a strong foundation in early math can lead to higher achievement in both math and reading later in school. Starting from birth, young children benefit from exploring shapes using their senses. Later, they combine shapes and objects of different sizes, like making a block tower or art collage.

Understanding shapes is one of the early math concepts that children develop from birth to age five by exploring:

- Shape characteristics—noticing what makes each shape different, like knowing that a triangle has 3 straight sides and 3 angles.
- Matching—recognizing common elements of shapes and matching pairs (circles, triangles, and squares).
- Positioning shapes—understanding how shapes fit together and can be combined, like putting together a puzzle.

It's fun and easy to help your child learn these important concepts. Whether you're at home, outside or at the grocery store, simply describe the shape and position of objects as you go about your day together.



Puzzle/Book Exchange

UPCOMING EVENTS

Play & Learn
Let's Talk About Shapes
 Manistee Armory
 Dec 3rd 9:30 – 11:30

Talk, Read and Sign Story & Craft Christmas Themed
 Trinity Lutheran Onekama
 Dec 13th 9:00 am

Indoor Playgroup
 PVCC Acarida
 Dec 28th
 11:00 – 12:30 pm

Weekly Zoom Check Ins
 Weds in Dec at 10 am

If there are snowdays from school, inperson events are canceled and please stay home if not feeling well!

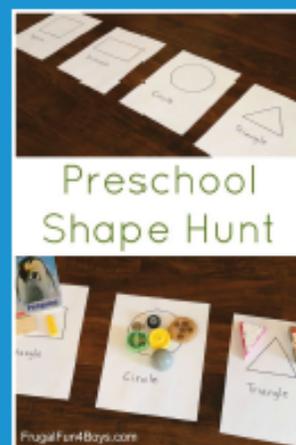
POP UP SLEDDING PLAYGROUPS

This winter we will have pop up sledding playgroups, since it's hard to plan this event I will share on our Facebook group, Manistee County Great Start Parents. If you are not on Facebook email Lcrummey.wmmgsc@gmail.com to be added to an email listing to be notified about the events! We will meet at Manistee Township Hall for the perfect hill for little kids!



LEARNING ABOUT SHAPES

Go on a shape hunt in your house! Simply draw large shapes on pieces of papers and have your child sort the shapes they find around the house! A perfect snowy day activity.



Preschool Shape Hunt

FraggalFun4Boys.com



AYP Student Calendar December 2021 - Programs and times subject to change!

Dinner served at 5:00 pm, AYP closes at 5:30 pm

Meaningful Mondays	Team Building Tuesday	Winning Wednesday	Thankful Thursday	Fun Friday	Super Saturday
7:30 am - 8:20 am MAPS Late Start Mojo 3 - 5 pm Study Room 3:30 - 5 pm Empower!	3 - 5 pm Study Room 3:30 - 5 pm Music with Joe 3 - 5 pm Open Gym for Basketball 6:30 - 7:15 Fit Fusion 7:00 - 8:30 pm Young Life WyldLife Club	1 3 - 5 pm Study Room 3:30 - 5 pm Archery Tag 6:00 - 7:30 pm FCC Youth Group	2 3 - 5 pm Study Room 3 - 5 pm Open Gym for Basketball 3:30 - 5 pm Open Art Room	3 6 pm - 9 pm Christmas Karaoke & Dance	4 9-11 am Basketball Clinic
6 7:30 am - 8:20 am MAPS Late Start Mojo 3 - 5 pm Study Room 3:30 - 5 pm Empower with Mary Paine for YOGA!	7 3 - 5 pm Study Room 3:30 - 5 pm Music with Joe 3 - 5 pm Open Gym for Basketball 6:30 - 7:15 Fit Fusion	8 3 - 5 pm Study Room 3:30 - 5 pm Archery Tag 6:00 - 7:30 pm FCC Youth Group	9 3 - 5 pm Study Room 3 - 5 pm Open Gym for Basketball 3:30 - 5 pm Open Art Room	10 Closed for student programs	11
12 7:30 am - 8:20 am MAPS Late Start Mojo 3 - 5 pm Study Room 3:30 - 5 pm Empower!	13 3 - 5 pm Study Room 3:30 - 5 pm Music with Joe 3 - 5 pm Open Gym for Basketball 6:30 - 7:15 Fit Fusion	14 3 - 5 pm Study Room 3:30 - 5 pm Archery Tag 6:00 - 7:30 pm FCC Youth Group	15 3 - 5 pm Study Room 3 - 5 pm Open Gym for Basketball 3:30 - 5 pm Open Art Room	16 Closed for student programs	17

Description of Programs:

All programs are for students in grades 6-12. Advance registration required - sign up on our website at www.armoryyouthproject.com/students.

HumanKind Virtual Tutoring - AYP has partnered with HumanKind Michigan to provide one on one online tutoring with U of M students, done anywhere as arranged by student and tutor.

Study Room/Quiet Room - Wifi, Chrome books available, and a quiet place to study. Tutoring is available upon request.

EMPOWER - Open to youth Grades 6-8. Strengthen your body and mind. Empower will focus on your complete health with fitness, food, and connection.

Crafting for a Cause - Learn the basics of a craft and how to generate income for yourself and other organizations. Various crafts and techniques.

Cooking for a Cause - Make and take a different recipe each week with Chris Amor and special guest chefs. We will utilize existing pantry items, donated food, and potentially our own food we grow! Recipes provided and occasionally Make and Take - so you can bring it all home to show off your skills!

Sport Clinics - Multiple sport clinics offered by area coaches for skills and drills and general understanding of a specific sport.

Self Defense/Martial Arts - A four week program to learn the basics of self defense. Progressive learning and techniques using martial arts, offered by Ticconi's ATA Martial Arts

Tik Tok Tuesdays - Learn some new moves and make a Tik Tok video to promote the Armory Youth Project! Student led program, posting to the Armory's Tik Tok page.

Spirit of the Woods Garden Club - Grow food, flowers, and herbs. Create food and safe havens for birds, bees, and butterflies. Learn how to compost and earn your green thumb!

Junior Achievement - various programs and curriculums (some included with existing programs like Crafting) to help students learn how to get a job or start a business, manage money, and help their community grow and prosper.

Moms in Motion - AYP Certified Safe Sitter students babysit babies and toddlers while the Moms in Motion parents do an exercise class. Gain some experience babysitting and have a great time!