

SABER NEWS & NOTES

Friday, October 1, 2021

Dear MCC Families,

While prayer occurs throughout the day in our Catholic Schools, morning prayer is especially important as it reminds us of our relationship with God and sets a prayerful tone for the day. Prayer begins with students and staff making the sign of the cross together as they begin prayer in the chapel every morning. Prayer is relevant and meaningful for the student's perceived level of faith and incorporates the use of appropriate symbols. Catholic Schools teach students formal prayers and also assist the students to develop an attitude of prayerfulness and sense of the sacred. Students learn to pray by praying. It is a modeled behavior, as well as a personal connection for each person with God.

You and I were created for prayer. Life is about learning how to pray and connecting to God. If the very purpose of human life is to know God and love God in eternity, then the purpose of life is prayer. The more we pray, the happier we become, as we find inner peace and joy. We can feel less anxious, and are filled with a greater peace of mind and heart. The more we pray, we also begin to see the hand of God in our day-to-day life. We see Him acting in our life, we see His love and we find more meaning in our day.

This year students will continue to learn prayers, experience the sacraments and attend Mass. In addition, holy days will be recognized, meditative prayer will be learned and quiet time with Our Lord will be encouraged as we spend time in our holy chapel. Throughout the year we will also recognize the liturgical calendar and celebrate the beautiful seasons God has blessed us with.

Please join us in daily prayer and our liturgical celebrations, and continue to pray for our students, staff and school community as we pray for you and your families.

Blessings,

Mrs. Grinn, Principal



OBEDIENCE

*"It's not hard to obey when we love
the one whom we obey."*

- St. Ignatius Loyola

Prayer for all Christians Working in Education

Lord of all things

We thank You for the women and men You have called to work in education.

Bless their hearts with Your love, joy and peace.

Season their words with Your patience, kindness and goodness.

Fill their minds with Your faithfulness, gentleness and self-control.

When they respond to a broken-hearted child

Show them how to be big-hearted.

When they reach out to a rebellious teen

Remind them to be obedient to You.

When they advise a lonely mature student

Help them to be Christ Jesus to them.

When they meet with an angry parent

Let them see a child of God.

When they give advice to a discouraged colleague

Give them helpful and encouraging words.

When they speak to visitors and strangers

Grant them the gift of hospitality.

Amen.



MCC CHICKEN DINNER

Monday, Oct. 4, 2021 • 4:30-6:30 p.m.

MCC Cafeteria

Take Out Available

\$15 per ticket

*Meal Prepared by
Jerry Zupin & Crew*

*Baked Chicken • Fresh Polish Sausage
Cabbage Rolls • Real Mashed Potatoes
Sweet & Sour Cabbage • Butter Squash
Whole Kernel Corn • Rolls & Butter*

Chicken Dinner

Tickets may be purchased at the MCC office, with any MCC coach or athlete, and at the parish office.

Divine Mercy Parish Calendar

Please check the Divine Mercy Parish Calendar often to see important scheduled events.

<http://www.calendarwiz.com/calendars/calendar.php?crd=catholiccommunityofmanistee>

Important Upcoming Events and Reminders

10/1 JV/V/MS Volleyball Pics at MCC Gym 3:15pm - 4:00pm

10/2 V Football Home vs. Marion 2:00pm - 4:30pm

10/2 MCC Hall of Fame Dinner (MCC) Keynote Speaker Fr. Alex Kowalkowski 5:30pm

10/4 Northwestern Michigan College Visit - Virtual 10:45am - 11:25am

10/4 MCCA Chicken Dinner (MCC Cafeteria) 4:30pm - 6:30pm

10/4 JV/V Volleyball Home vs. LLSM 5:30pm - 8:30pm

10/5 Lawrence Technological University Visit - Virtual 10:45am - 11:25am

10/5 Tutoring 3:00pm - 4:00pm - ALL ARE WELCOME

10/5 V Volleyball Away vs. Pentwater 6:00pm - 7:30pm

10/6 MS Football vs Baldwin Away 6:00pm - 8:00pm

10/7 Part of Senior Class to Food Pantry 8:30am - 9:45am

10/7 Madonna University Visit - Virtual 10:45am - 11:25am

10/7 Tutoring 3:00pm - 4:00pm - ALL ARE WELCOME

10/7 JV/V Volleyball Away vs. Walkerville 6:00pm - 8:30pm

10/8 Part of Senior Class to Food Pantry 9:00am - 11:00am

10/8 University of Michigan Visit - Virtual 10:45am - 11:25am

10/9 V Football Away vs. Caseville 2:00pm - 4:00pm

September 27-October 1, Virtue of the Week was Obedience

Luke 2:51 "And He went down with them, and came to Nazareth, and was subject to them.

And his mother kept all these words in her heart."



OBEDIENCE

INTRODUCTION

This week our strength building on the virtue of Faith is OBEDIENCE.

The strength to comply with and respect the authority of those in positions of leadership who have the right to command.

OBEDIENCE is necessary for success in this life and most importantly for Eternal Life. We need to have OBEDIENCE in the living of our Catholic Faith.

- The Catechism of the Catholic Church addresses the virtue of obedience, even calling it, as we did above, a duty. "The duty of obedience requires all to give due honor to authority and to treat those who are charged to exercise it with respect, and, insofar as it is deserved, with gratitude and good-will." (CCC # 1900)

Classroom Stools

Low metal or wooden stools are needed for students to sit on for their elementary specials: Art and Music. Stools need to be strong and sturdy with smooth surfaces. Thank you!

Help Needed in the Kitchen

We are in desperate need of help in the kitchen. Please consider helping for a few hours once a week or even once a month until we get this position filled. Please contact Mrs. Lind if you are interested, hours can be flexible.

Apply here: <https://dioceseofgaylord.org/job-opportunities>

Also, please be patient, this will likely cause slow downs in the lunch line.

Saber Cafe - Hot Lunch Menu

LUNCH					OCTOBER 2021					Menu may change without Notice questions please contact Ann Lind @ 723.2529ext127 ann@manistegkitchen.org				
Monday		Tuesday		Wednesday		Thursday		Friday						
chicken parm sandwich kale chips Italian roasted potato		Sheet pan pancake sausage baked apples		Chili corn muffin side salad		Hot beef sandwich mashed potato peas		Pepperoni Pizza dill dip				1		
4		5		6		7		8						
Nacho refried beans topping bar		Roasted chicken rice pilaf carrots and parsnips		Tatter tot breakfast casserole coffee cake spinach salad		Grilled cheese tomato soup side salad		Pepperoni pizza herb dip				15		
11		12		13		14		15						
Baked potato bar broccoli muffin		Chicken and noodles roll acorn squash		Bbq chicken baked beans pretzel		Cheese burger on a bun coleslaw oven fries		Meat lovers pizza ranch dip				22		
18		19		20		21		22						
Bacon egg and cheese biscuit sweet potato fries		Mini Mexican Pizza salsa		Chicken Pot Pie cauliflower		Turkey or salami sub chips potato salad		½ day no lunch				29		
25		26		27		28		29						

Alternates: #1 PB&J #2 Chicken caesar salad daily fresh fruit and veggie bar Milk from Cream Cup Dairy skim daily and Chocolate on Tuesday and Friday
Prices K-5 \$3.00, 6-12 #3.25 ala cart soup \$1.00 (included with high school only) extra \$2.50 Milk \$.50 Fruit \$.50 Staff and guest \$4.25



Prayer

Jesus, Almighty King of kings, You Who obeyed Your Father to the end, Teach me the meaning of obedience. My soul burns to comply with Your Will, Bless me with the strength to obey, Especially when I don't feel like it. I always seek favor in Your eyes, To always obey You until my last breath! Thank you, Lord, for this day, this week, this opportunity, this time together. Strengthen our wills and forge our resolve to be OBEDIENT as we seek to grow in virtue.

October is College Month

Of Michigan's Hot 50 jobs (high growth, high wages) — 80% require education beyond high school. "College" refers to education beyond high school, such as:

Certificate Programs:

specialized plans of study to pursue a skilled trade
can be completed in a matter of months
A quality certificate is accredited and transferable

Associate Degrees:

typically a two-year period of study at a college
often required for technical fields
valuable in business or other professional careers

Bachelor's Degrees:

typically a four-year period of study at a college or university
take classes in career field and in general education subject areas

Recipients of college degrees benefit from the following:

Greater Wealth:

Degree holders earn an average of \$30,000 more in annual earnings between a bachelor's degree and a high school diploma (Federal Reserve Bank of New York Liberty Street Economics).

More Security:

Degree holders are less likely to be affected by economic downturn. There are 8.1 million more jobs for Americans with a bachelor's degree or above than existed when the 2007-08 recession began (Lumina Foundation's A Stronger Nation).

Better Health:

Those with a 4-year college degree are 70% more likely to engage in vigorous exercise and 70% less likely to be obese than those with a high school diploma (Lumina Foundation).



OBEDIENCE

"The joy promised by the Beatitudes is the very joy of Jesus Himself: A joy sought and found in obedience to the Father and in the gift of self to others."

- Pope St. John Paul II