



January 2012

Manistee Catholic Central



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Any questions regarding the menu please contact Kathy Gutowski, 398-3695 or E-mail kgutowski@manistee.org

Nutrition Services reserves the right to change the menu at an time.

Milk - \$.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>NO SCHOOL HOLIDAY BREAK</p>	<p>3</p> <p>French Toast Sticks Sausage Patties Assorted Juice Applesauce Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>4</p> <p>Manwich Sloppy Joe * Baked Cheetos Green Beans Petite Banana Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>5</p> <p>Teriyaki Chicken Bites Seasoned Pasta * Steamed Broccoli Diced Peaches Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>6</p> <p>Stuffed Crust Pizza * Curious George Snacks Vegetable Fruit Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>
<p>9</p> <p>Chicken Smackers Baked Fries Steamed Asparagus Pineapple/Mand. Oranges Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>10</p> <p>Walking Taco Shredded Lettuce & Cheese Refried Beans Sliced Pears Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>11</p> <p>Calzone * String Cheese Parsleyed Carrots Fruit Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>12</p> <p>BBQ Rib Sandwich * Assorted Chips Baby Carrots Fresh Fruit Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>13</p> <p>Pizza Hut Pizza Vegetable Fruit Salad Bar Variety of Milk</p>
<p>16</p> <p>Chicken Fryes Potato Rounds Steamed Corn Mixed Fruit Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>17</p> <p>Whole Grain Pancakes * Sausage Links Apple Juice Cherry Topping Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>18</p> <p>Cheese Filled Breadsticks Pizza Dipping Sauce Baked Beans Sliced Peaches Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>19</p> <p>Italian Spaghetti * French Bread Romaine & Spinach Salad Diced Pears Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>20</p> <p>Pepperoni Pizza Wedge * WG CC Cookie Vegetable Fruit Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>
<p>23</p> <p>Chicken Tenders Smile Potato Rings Winter Blend Vegetables Applesauce Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>24</p> <p>Nacho Supreme (Meat, Cheese Sauce, Nacho Pieces, Lettuce) Green Beans Orange Sections Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>25</p> <p>Stacked Ham Sandwich * Harvest Cheddar Sun Chips Baby Carrots Fresh Apples Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>26</p> <p>Baked Chicken Mashed Potatoes w/Gravy Steamed Corn Diced Peaches Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>	<p>27</p> <p>Pepperoni Pizza Strips (New) * Chocolate Pudding Vegetable Fruit Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>
<p>30</p> <p>NO SCHOOL COUNTY WIDE INSERVICE</p>	<p>31</p> <p>Waffle Sticks Sausage Assorted Juice Warm Apple Slices Salad Bar Variety of Milk Alt: Uncrustable PB&J</p>			

• = Whole Grain